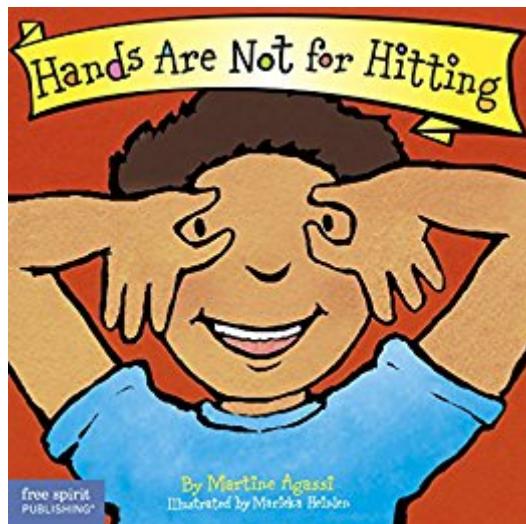


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# Hands Are Not For Hitting (Best Behavior)



## **Synopsis**

It's never too soon for children to learn that violence is never okay, hands can do many good things, and everyone is capable of positive, loving actions. In this bright, inviting, durable board book, simple words and full-color illustrations teach these important concepts in ways even very young children can understand. Created in response to requests from parents, preschool teachers, and childcare providers, this book belongs everywhere young children are. Includes tips for parents and caregivers.

## **Book Information**

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## **Customer Reviews**

I bought the board book before reading the actual book (hardcover or paperback) and was AMAZED by how much was left out. The board book is extremely watered down and simplified in order to fit in a board format. I usually don't mind this, but by the time my child was old enough to understand the message, he really needed the more than the board book offered. For example, the paperback takes pages to explain why hitting is not nice- it hurts people- and why people hit- they feel sad, or angry or jealous or scared. The board book does not. I think the reviewer who said that

this book doesn't address WHY hitting is wrong, may have read the board book too. The full version offered here has several pages to answer that.

I was having problems with my 20-month old son hitting recently. At the suggestion of a friend, I ordered this book. I was pretty skeptical because time outs and other behavior modification wasn't working. We read it every night at bed time, and we have seen a drastic improvement.... after about three nights of reading the book, the hitting stopped. My son has very limited words (Elmo, mama, dada), but he clearly understands what's happening as we read the story, he waves his hands and says "yes" when I ask him if he likes to draw and play with his hands. Even if your child isn't talking, there is a good chance that they will understand this book, I highly recommend it!

If you work with children, or have children of your own, this book is a positive way to approach hitting behaviors. The book is visually interesting, the art is familiar and inclusive. Importantly, the book uses the same language used in therapy sessions to set limits with children, by first conveying the limit clearly but without shaming, "Hands are not for hitting," and then by describing the purpose of our hands. There is a lovely discussion for parents in the back of the book with ideas for addressing hitting. Remember that this is the board book, if your child is older, you may want the original book. It may also be important to note that if your child has developmental delays, such as an autism spectrum disorder or other difficulty, it will take time to learn. There is more impulsiveness and a more direct or immediate frustration that can lead to hitting. Firm but gentle and consistent reminders will help your child move through this phase. I'm always recommending this book to parents and would recommend it to you as well!

This is a great book for toddlers and children. My toddler son LOVES books and has had a little issue at daycare with being a little aggressive, he's a big boy and so when he's aggressive then it's a bigger deal than when a smaller kid is aggressive. He's very sweet and gentle and nice but also a little moody at times (he must get that from his dad LOL!) Anyway, we ordered a small collection of board books to help him understand better ways to control his emotions and redirect that negative behavior into something positive. This book is great and I'm so happy that I got it for him. I love that it's a board book because it's easy for him to turn the pages and the book has simple words and offers positive choices for my toddler. This is a great addition to his library and I'm pleased that we have it!!

I purchased two copies of Hands Are Not for Hitting for toddler cousins in our family who have discovered that they can become the center of attention when they start hitting people -- not to mention each other when the mommies get them together! In essence, this entire Best Behavior Series is absolute perfection. The books say just enough on the subject matter to get through to a child, but gives some fun-to-repeat lessons that can be easily memorized. If your toddler has started to hit (as they all do) you really should buy this book. For a few dollars, you can end the trouble before it become an awful habit.

I really think this book works. My son's only major behavioral issue from infancy through 20 months was hitting and it was really difficult to understand how to manage. We used certain disciplinary techniques but this book was instrumental in preventative measures that were very, very effective. We still use language from the book to model and anticipate good behavior in high-risk situations and in explanation of punishment when he does still hit, which is rare. I am so grateful to have come across this book at a friend's home. And the best part is, the kid loves the book! He can read it again and again and is one of the rare books he'll sit through of entirely.

My 2 1/2 year old daughter loves this book she will do the different things with her hands and really gets into it. Def would recommend if you have a child that hits or squeezes.

This is a great book to help encourage little people with knowing all of the many ways to use their hands in a peaceful and productive manner. Some of the elements that I like most include:- The book uses positive reinforcement in the manner in which it highlights all of the many uses of hands that are peaceful, loving and helpful. The book mentions how not to use your hands but does not focus on the negative uses of hands.- The book is well illustrated and the colors and pictures definitely draw in the audience to paying close attention to the activities of each individual page.- The diverse children represented on each page is a huge plus. It is refreshing to see a book that demonstrates that children range in many different colors. The book celebrates that idea that diverse children coexist and thrive together.- The text is simple and can be understood by very small children (I purchased and read to my 2 year old who clearly understands and repeats the text in relevant moments/settings).

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Hands Are Not for Hitting (Board Book) (Best Behavior Series) Hands Are Not for Hitting (Best Behavior) Debugging the Development Process: Practical Strategies for Staying Focused, Hitting

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